



Double beta decay within the Skyrme SV density functional theory

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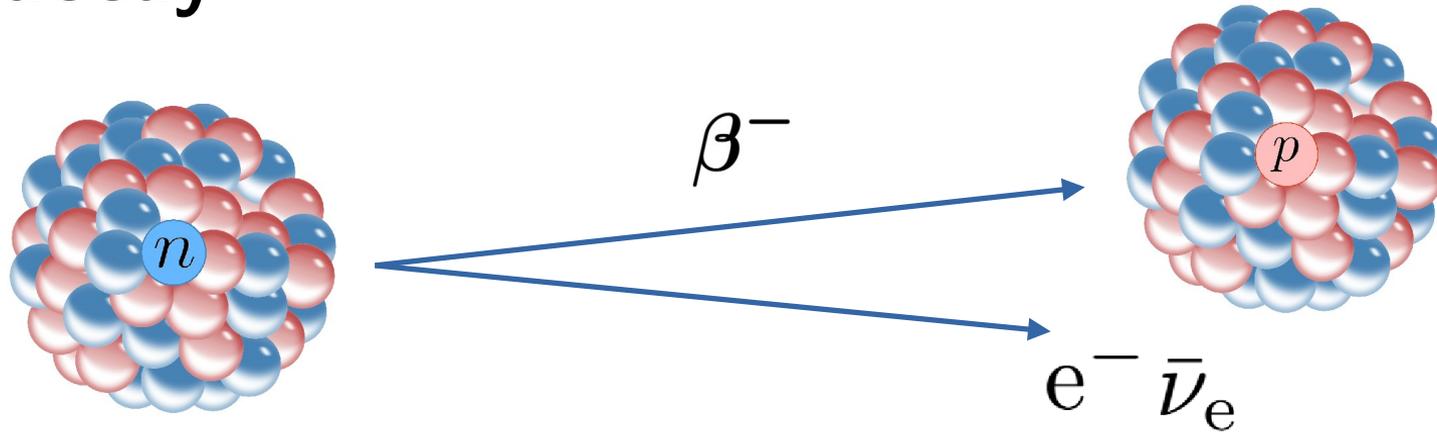
Seminar "Physics of Atomic Nucleus"

Outline of the presentation

- I. Theory of the double beta decay
- II. DFT-NCCI framework
- III. Results of $2\nu\beta\beta$ analysis for ^{48}Ca and ^{76}Ge

I. Theory of the double beta decay

Beta decay

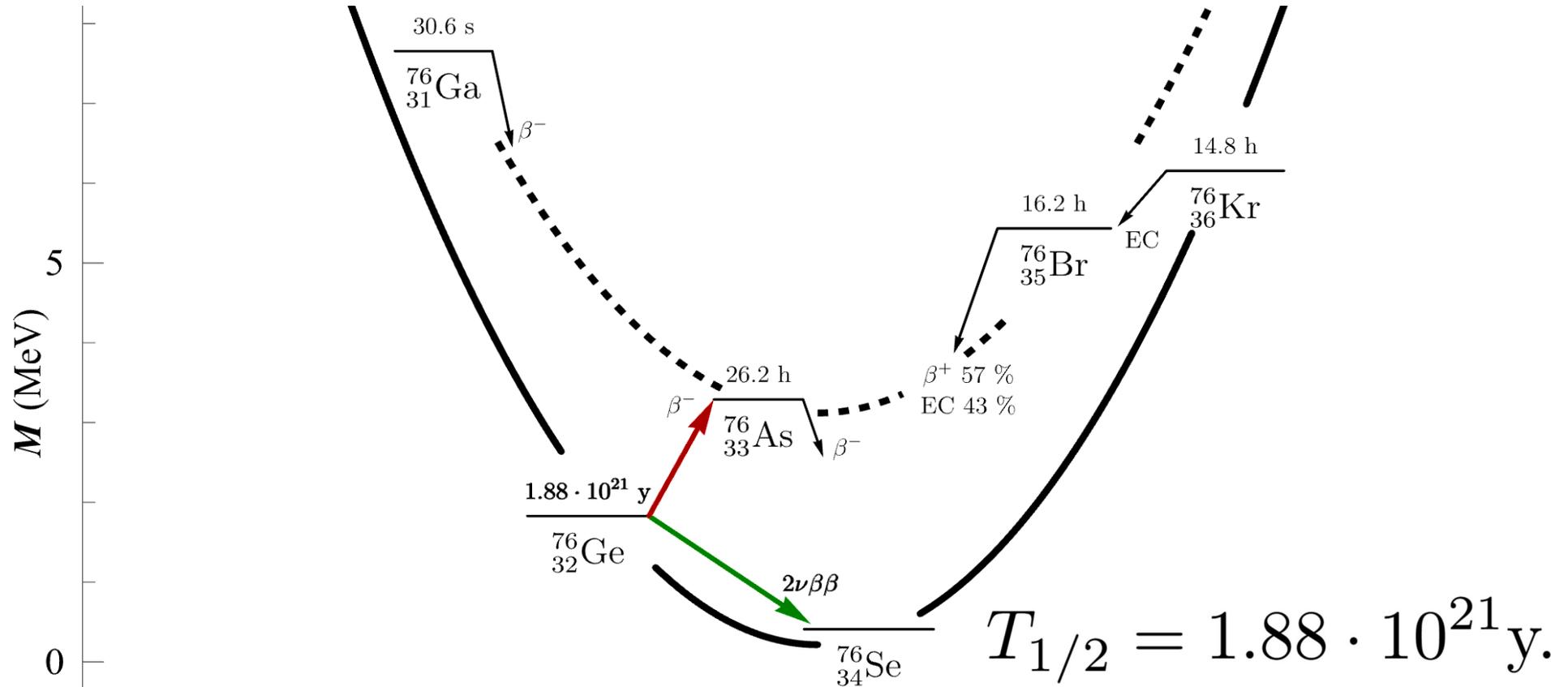


Quantum-wise:
$$\hat{\mathcal{H}}_\beta = \frac{G_F}{\sqrt{2}} J^{\mu\dagger} j_\mu + \text{h.c.}$$

Hadronic current ($p \rightarrow n$)

Leptonic current ($e \rightarrow \nu_e$)

Double beta decay



Mass parabolas of the even-even and odd-odd isobars of $A = 76$.

Data from F. Kondev et al., Chinese Phys. C **45**, 030001 (2021).

Nuclear matrix element

$$[T_{1/2}^{2\nu}]^{-1} = \underbrace{G^{2\nu}}_{\text{leptonic part}} \cdot \underbrace{|\mathcal{M}^{2\nu}|^2}_{\text{nuclear matrix element}}$$

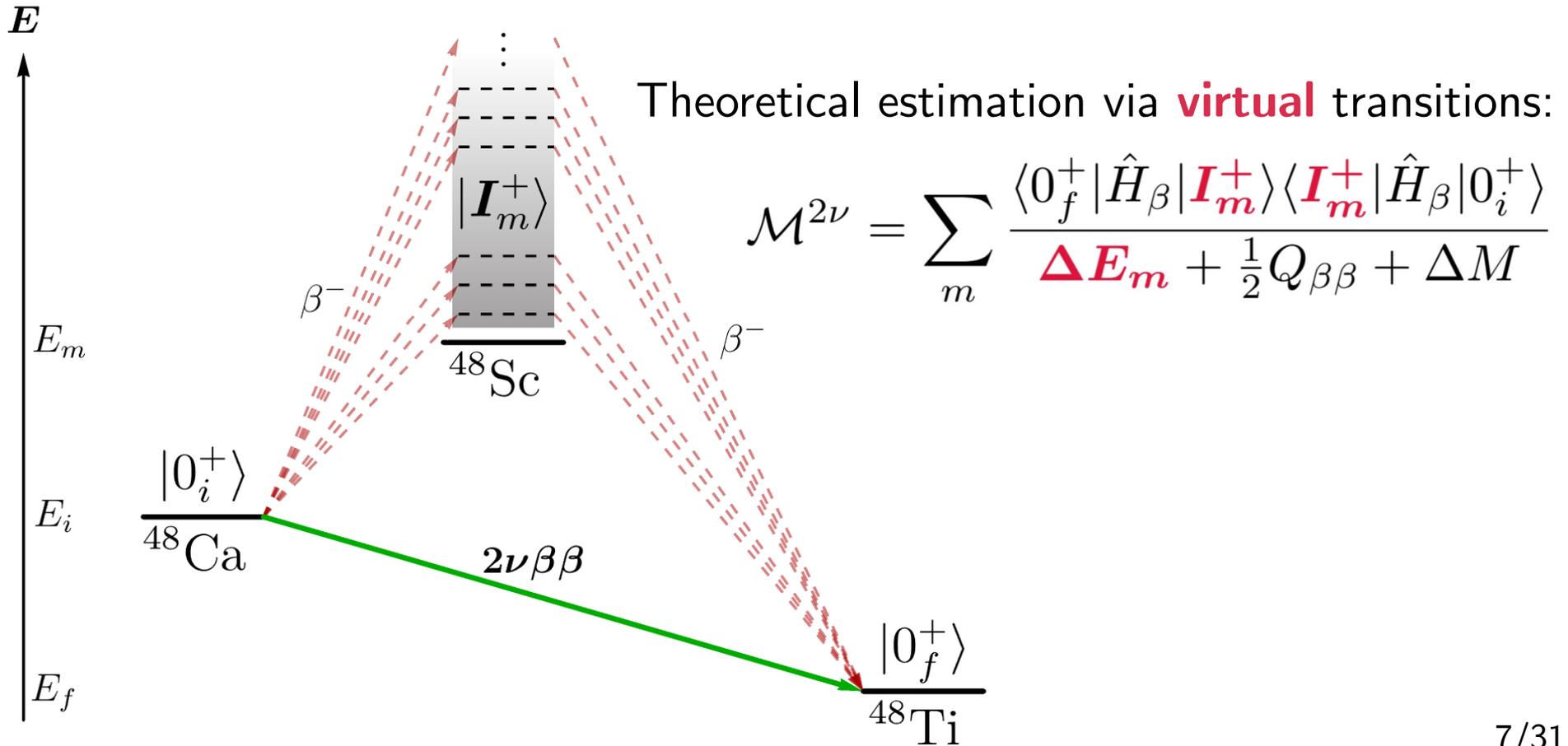
(all nuclear QM)

$$\sim G_F^4$$

Extremely rare!

(only **11** nuclei)

Fermi golden rule of the 2nd order



Forbidden transitions contribute to the total decay rate.

Virtual transition selection rules

The most general form of weak nuclear current:

(T.Tomoda, Rep. Prog. Phys. 1991)

$$J^{\mu\dagger}(x) = \bar{\psi}(x)\tau^+ \left(g_V \gamma^\mu - g_A \gamma_5 \gamma^\mu - i g_M \frac{\sigma^{\mu\nu}}{2m_N} q_\nu + g_P \gamma^5 q^\mu \right) \psi(x)$$

Vector

Axial-
Vector

Weak-
magnetic

Pseudoscalar

NME contains 2 copies of J^μ

Only 3 combinations of NME are allowed within V-A theory:

$$\mathcal{M}^{2\nu} \sim \underbrace{\mathcal{M}_F^{2\nu}, \mathcal{M}_{GT}^{2\nu}}_{\text{Pure VA}} \underbrace{\mathcal{M}_T^{2\nu}}_{\text{M + P admixtures}}$$

Virtual transition selection rules

Isospin conservation:

$$\cancel{\mathcal{M}_{\text{F}}^{2\nu}}$$

Low leptonic
momentum transfer:

$$\cancel{\mathcal{M}_{\text{T}}^{2\nu}}$$

The dominant channel becomes
double GT transition:

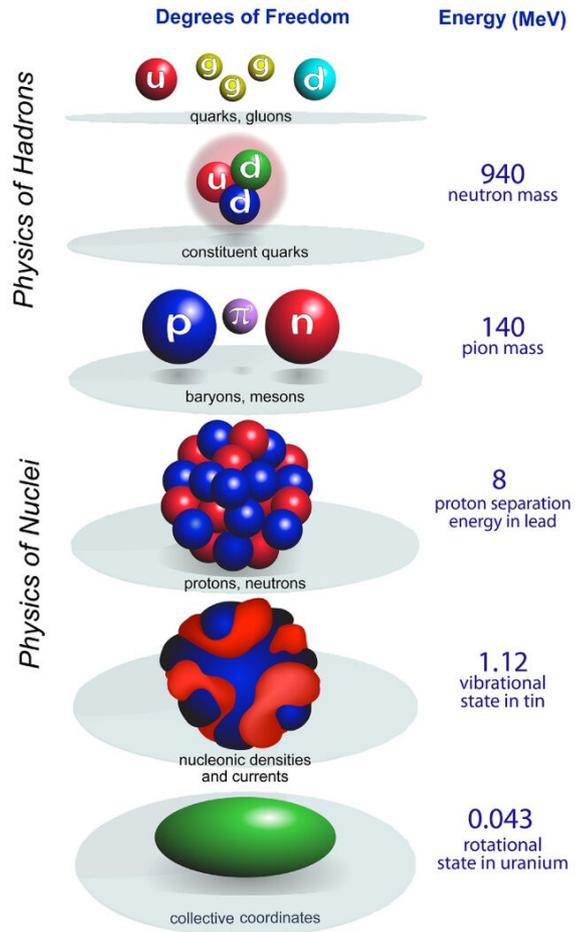
$$\mathcal{M}^{2\nu} = \sum_m \frac{\langle 0_f^+ | \vec{\sigma} \hat{\tau}^- | \mathbf{1}_m^+ \rangle \langle \mathbf{1}_m^+ | \vec{\sigma} \hat{\tau}^- | 0_i^+ \rangle}{\Delta E_m + \frac{1}{2} Q_{\beta\beta} + \Delta M}$$

Key difficulty:

$|0_i^+\rangle, |1_m^+\rangle, |0_f^+\rangle$
(strong interaction)

II. DFT-NCCI framework

Dealing with strong interaction



← We are here

Hierarchy of the nuclear degrees of freedom.

Picture taken from E. Litvinova and C. Robin (INPC2016).

Nuclear DFT in a nutshell

1) Kohn-Hohenberg theorem:

a) uniqueness of the ground state
determined by the density

$$\rho_0(\vec{r}) \implies |\Psi_0\rangle$$

b) existence of energy density
functional

$$E_0 = \min_{\rho(\vec{r})} E[\rho(\vec{r})]$$

2) Skyrme energy density functional:

Effective realization of **strong**
interaction in EDF

$$E[\rho] = \int (\mathcal{E}_{\text{kin}}[\rho] + \mathcal{E}_{\text{Coul}}[\rho] + \mathcal{E}_{\text{Skyrme}}[\rho]) d\vec{r}$$

Skyrme SV functional generator

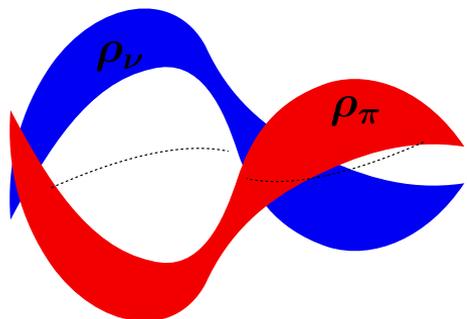
$$\begin{aligned}
 V_{\text{Skyrme}}(\mathbf{x}_1, \mathbf{x}_2) = & t_0(1 + x_0 \hat{P}_\sigma) \delta(\vec{r}_1 - \vec{r}_2) + \frac{1}{2} t_1(1 + x_1 \hat{P}_\sigma) \left[\overleftarrow{k} \delta(\vec{r}_1 - \vec{r}_2) + \delta(\vec{r}_1 - \vec{r}_2) \overrightarrow{k} \right] \\
 & + t_2(1 + x_2 \hat{P}_\sigma) \overleftarrow{k} \delta(\vec{r}_1 - \vec{r}_2) \overrightarrow{k} + \frac{1}{6} t_3(1 + x_3 \hat{P}_\sigma) \rho^\alpha \left(\frac{\vec{r}_1 + \vec{r}_2}{2} \right) \delta(\vec{r}_1 - \vec{r}_2) \\
 & + iW_0(\vec{\sigma}_1 + \vec{\sigma}_2) (\overleftarrow{k} \times \delta(\vec{r}_1 - \vec{r}_2) \overrightarrow{k}),
 \end{aligned}$$

~~SV~~
 $\overleftarrow{k} = \frac{1}{2i}(\vec{\nabla}_1 - \vec{\nabla}_2), \quad \overrightarrow{k} = -\frac{1}{2i}(\vec{\nabla}_1 - \vec{\nabla}_2)$

The only density-independent parametrization →
 no singularities during I/T -projection

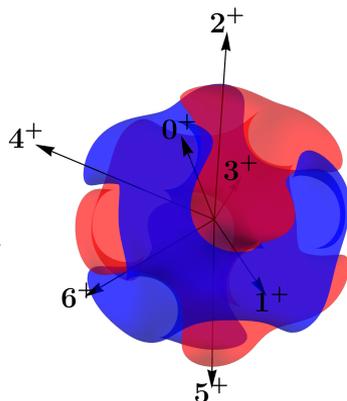
Nuclear DFT in a nutshell

Skyrme SV
density functional



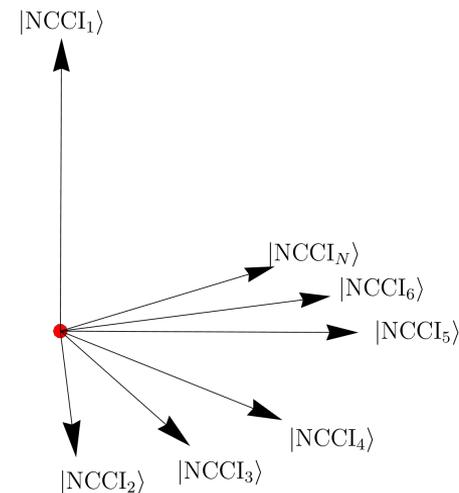
$$\frac{\delta}{\delta\rho}$$

Slater determinant
(mean-field)



l -projection
conf. mixing
Hill-Wheeler

NCCI basis



no good quantum numbers
 γ , β transitions

good quantum numbers
 γ , β transitions

DFT

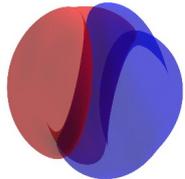
DFT-NCCI

2vββ in DFT-NCCI approach

1) Construction of mean-field configuration classes for each nucleus:

48Ca (parent)

1. Seniority-zero nn -pairs

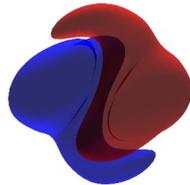


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configurations

48Sc (virtual)

1. Seniority-two in $f_{7/2}$
2. Single n -excitations across $N=28$
3. Single p -excitations across $Z=28$

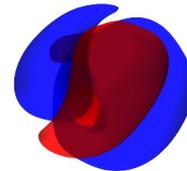


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configurations

48Ti (daughter)

1. Seniority-zero nn - and pp -pairs in $f_{7/2}$
2. np -pairing in $f_{7/2}$
3. Seniority-zero nn -pairs across $N=28$ shell
4. Seniority-zero pp -pairs across $Z=28$ shell



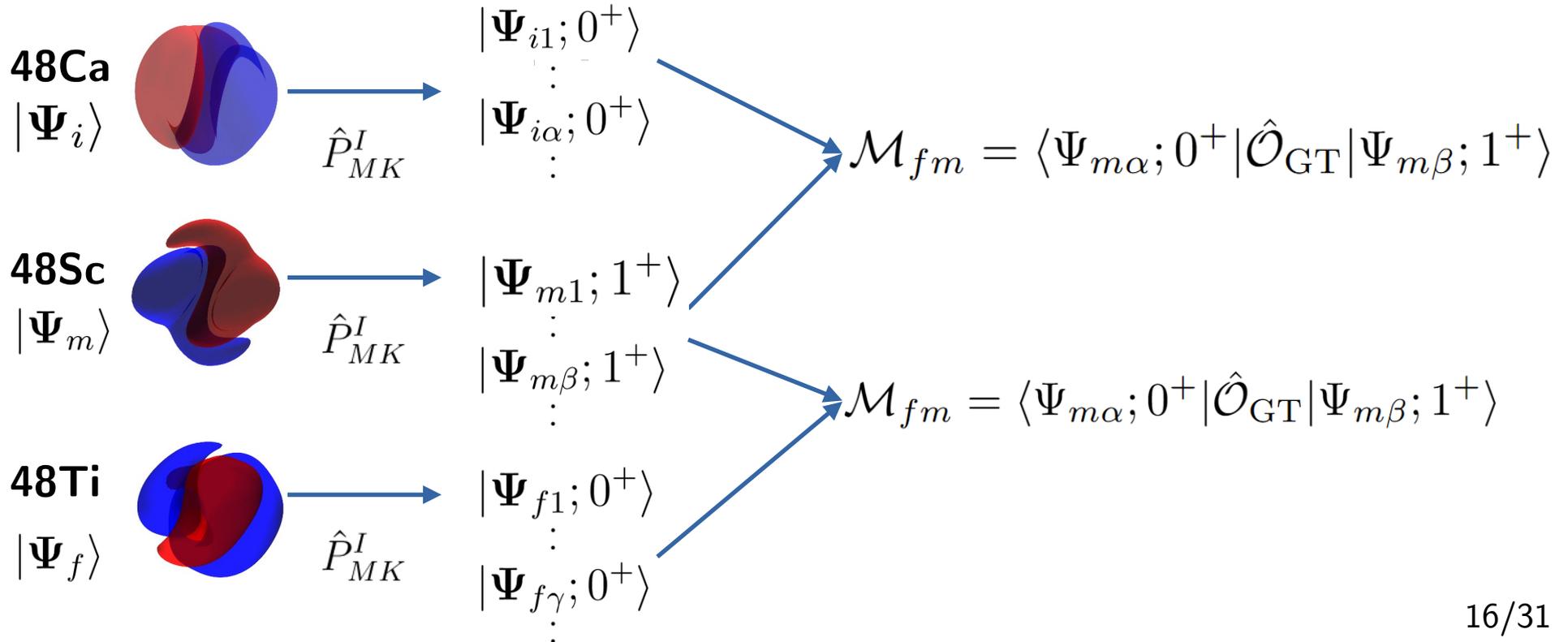
49

configurations

2νββ in DFT-NCCI approach

2) I^π - projection:

3) Partial Gamow-Teller elements:



Watch out for orthogonality!

In the projection framework GT-matrix element is expressed via single-particle transition densities ρ :

$$\langle \Psi_i; I_i^\pi | \hat{O}_{\text{GT}} | \Psi_j; I_j^\pi \rangle \sim \int \langle \Psi_i | \hat{\tau}_{1\mu} \hat{\sigma}_{1\nu} | \tilde{\Psi}_j(\Omega) \rangle \cdot D_{K\text{-num.}}^{I*}(\Omega) d\Omega$$



Generalized Wick's Theorem

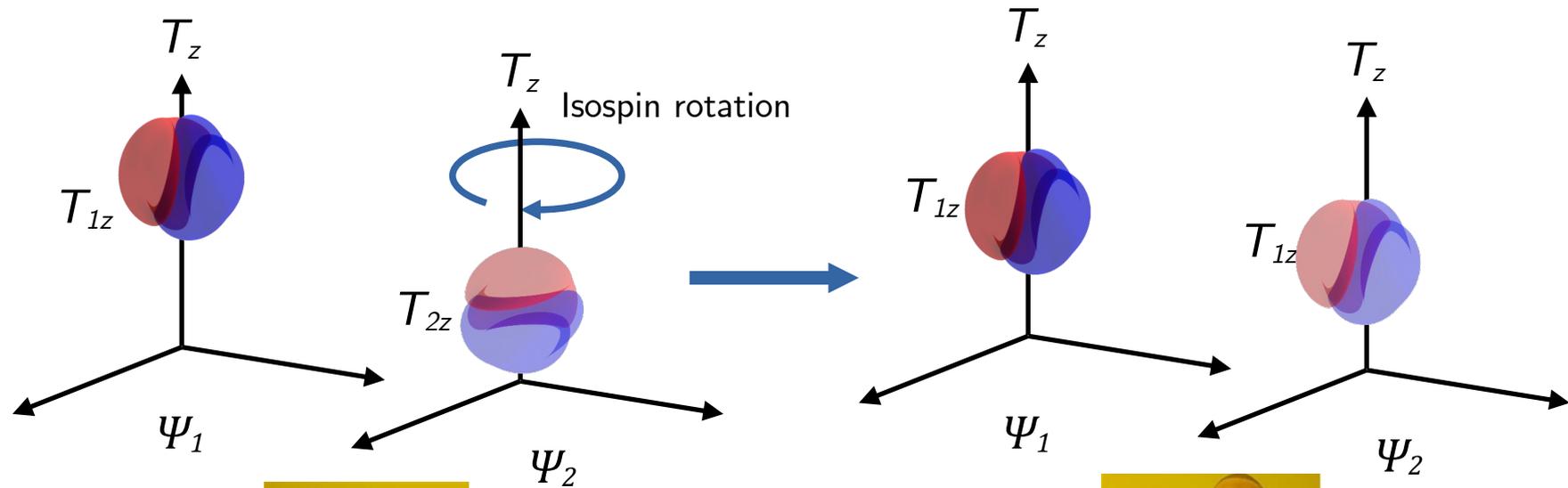
$$\sim \underbrace{\langle \Psi_i(T'_z) | \tilde{\Psi}_j(T_z) \rangle}_{aa'; \sigma\sigma'} \sum_{aa'; \sigma\sigma'} \langle a | \hat{\tau}_{1\mu} | a' \rangle \langle \sigma | \hat{\sigma}_{1\nu} | \sigma' \rangle \tilde{\rho}(\vec{r}, a', \sigma'; \vec{r}, a, \sigma)$$

orthogonal!

But we've got a workaround for that ...

Watch out for orthogonality!

Workaround: rotate in isospace, so both Ψ_1 and Ψ_2 have the same T_z :



2νββ in DFT-NCCI approach

4) Configuration mixing of the projected states:



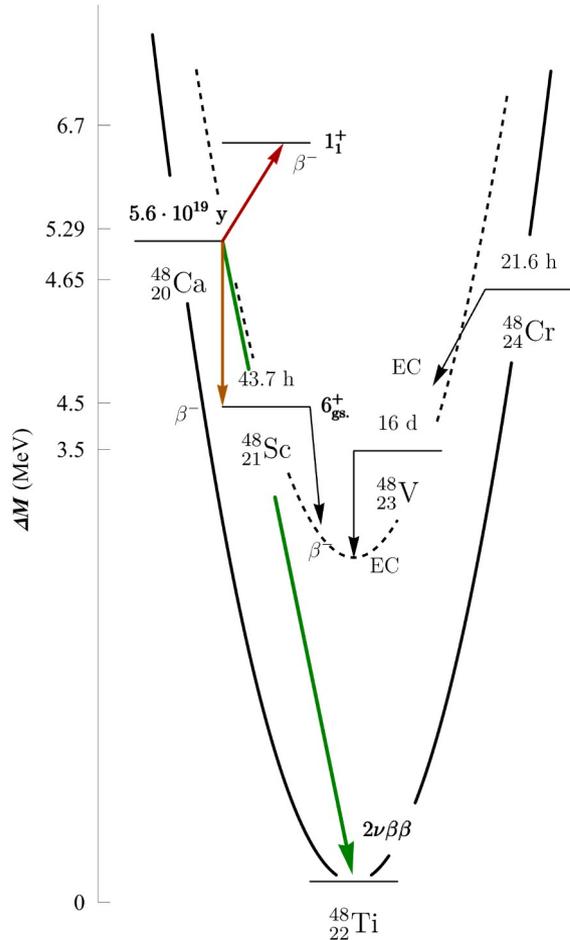
5) Calculation of the cumulative 2νββ matrix element :

$$\mathcal{M}^{2\nu} = \sum_m \frac{\langle \text{NCCI}_f | \hat{\mathcal{O}}_{\text{GT}} | \text{NCCI}_m \rangle \langle \text{NCCI}_m | \hat{\mathcal{O}}_{\text{GT}} | \text{NCCI}_i \rangle}{\underbrace{\Delta E_m + \frac{1}{2} Q_{\beta\beta} + \Delta M}_{\text{spectrum shifted to experiment}}}$$

The whole procedure is performed **numerically** within DFT-based **HFODD** code (open access).

III. Results of $2\nu\beta\beta$ analysis for ^{48}Ca and ^{76}Ge

48Ca is unique among the $2\nu\beta\beta$ nuclei

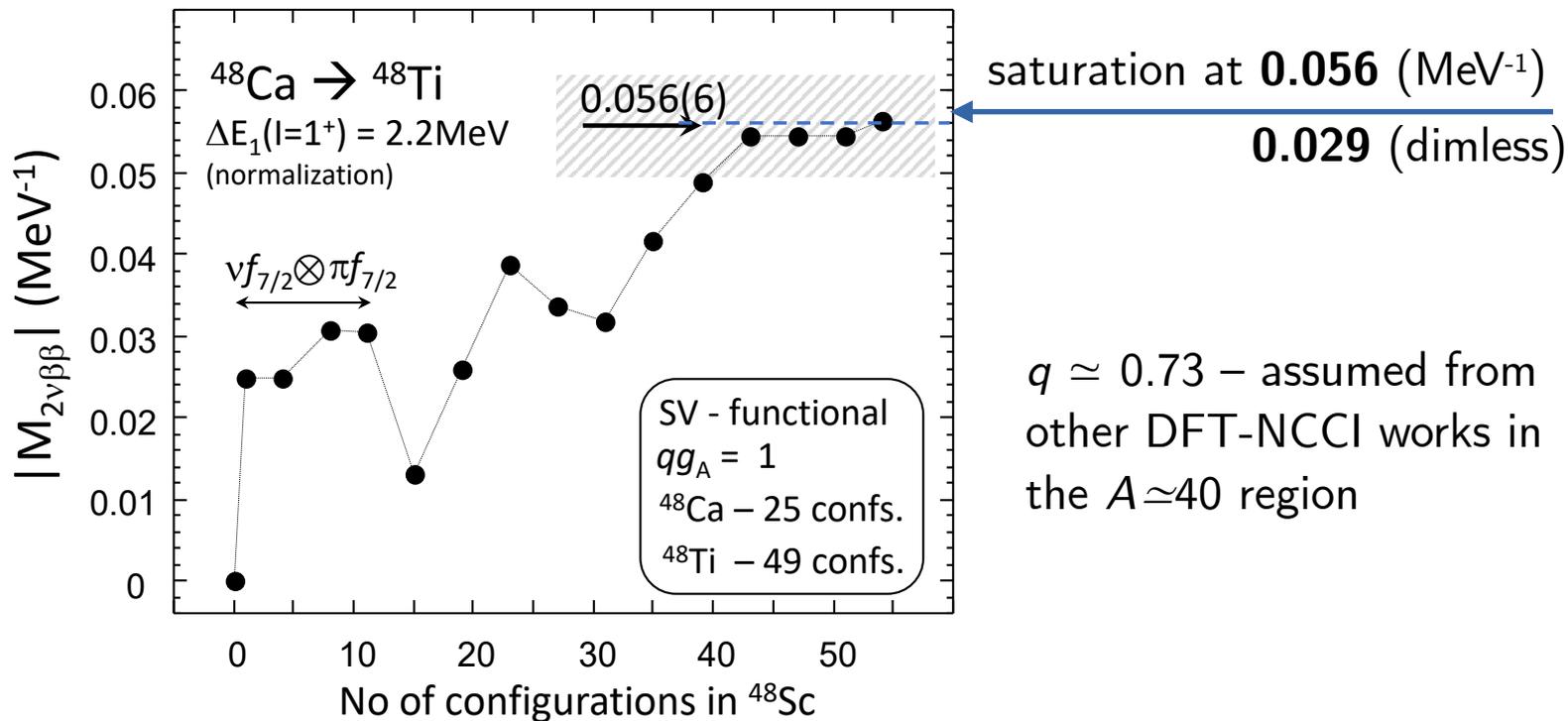


- Doubly magical
- The only spherical nucleus in the $2\nu\beta\beta$ set
- Single β to 4^+ , 5^+ , 6^+ possible (orange), but suppressed by $2\nu\beta\beta$ (green)

NME($^{48}\text{Ca} \rightarrow ^{48}\text{Ti}$) : virtual dependence

Resulting cumulative $|\mathcal{M}^{2\nu}|$:

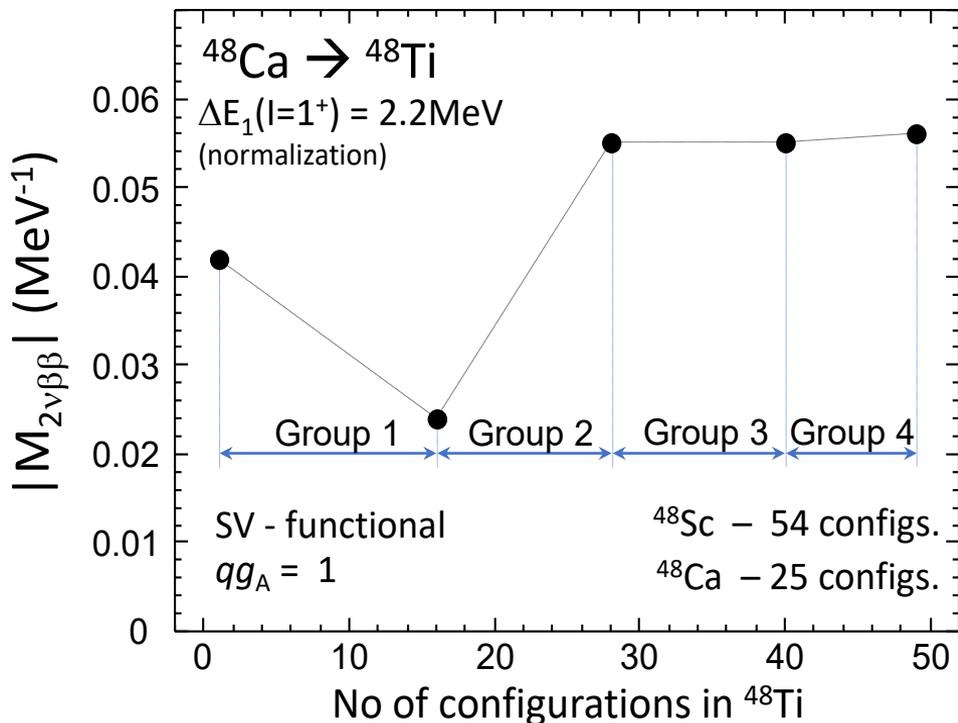
$\Delta E_1(I^\pi=1^+)=2.2\text{MeV}$ (normalization)



NME($^{48}\text{Ca} \rightarrow ^{48}\text{Ti}$) : daughter dependence

Resulting cumulative $|\mathcal{M}^{2\nu}|$:

$$\Delta E_1(I^\pi=1^+) = 2.2\text{MeV (normalization)}$$



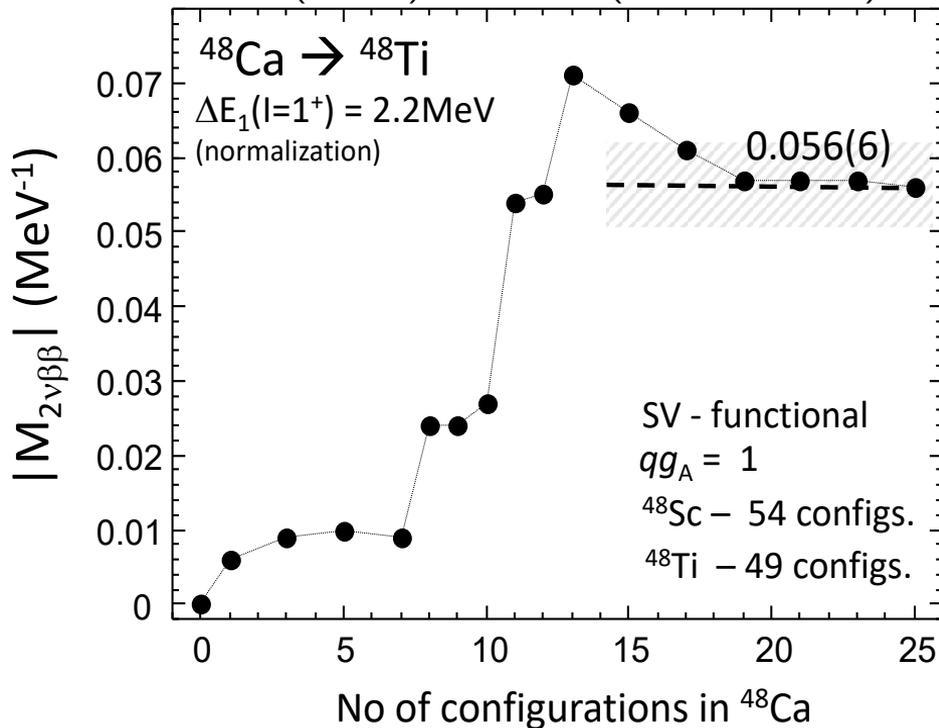
Mixing of crumble GTs:
88% of the
 total matrix element!



NME($^{48}\text{Ca} \rightarrow ^{48}\text{Ti}$) : mother dependence

Resulting cumulative $|\mathcal{M}^{2\nu}|$:

$\Delta E_1(I^\pi=1^+)=2.2\text{MeV}$ (normalization)



saturation at **0.056** (MeV $^{-1}$)
0.029 (dimless)

**Very surprising result
in a spherical nucleus!**

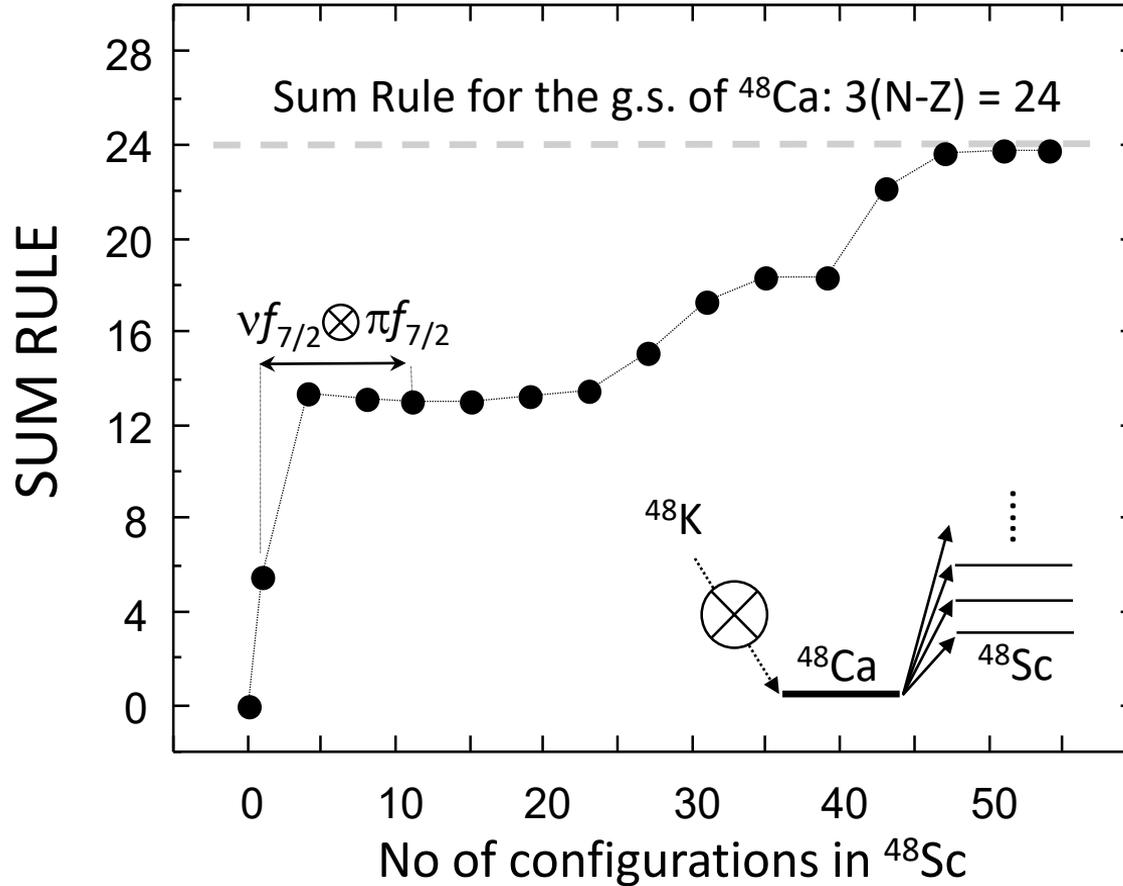
**PRC 112, 055502
(Nov 2025)**

Comparison with other models

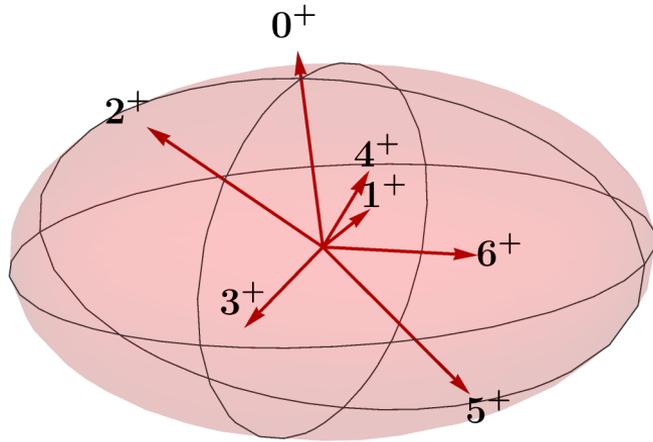
Reference	Method	$ \mathcal{M}^{2\nu} $ (MeV $^{-1}$)
A. S. Barabash (2020)	Experiment	0.068 ± 0.006
Y. Iwata et al. (2015)	Shell model	0.0539
F. Šimkovic et al. (2018)	ChER	0.0832
J. Kostensalo and J. Suhonen (2019)	Shell model	0.100
S. Novario et al. (2021)	Coupled cluster	0.082
J. Terasaki and Y. Iwata (2021)	Shell model	0.0515
	QRPA	0.0745
P. Veselý et al. (2024)	STDA	0.1668
J. Miśkiewicz, M. Konieczka and W. Satuła (2025)	DFT-NCCI	0.056

Comparison of DFT-NCCI matrix element magnitude with other nuclear models. Values for other models converted from dimensionless units to [MeV $^{-1}$] assuming $qg_A=1$.

48Ca Ikeda sum rule

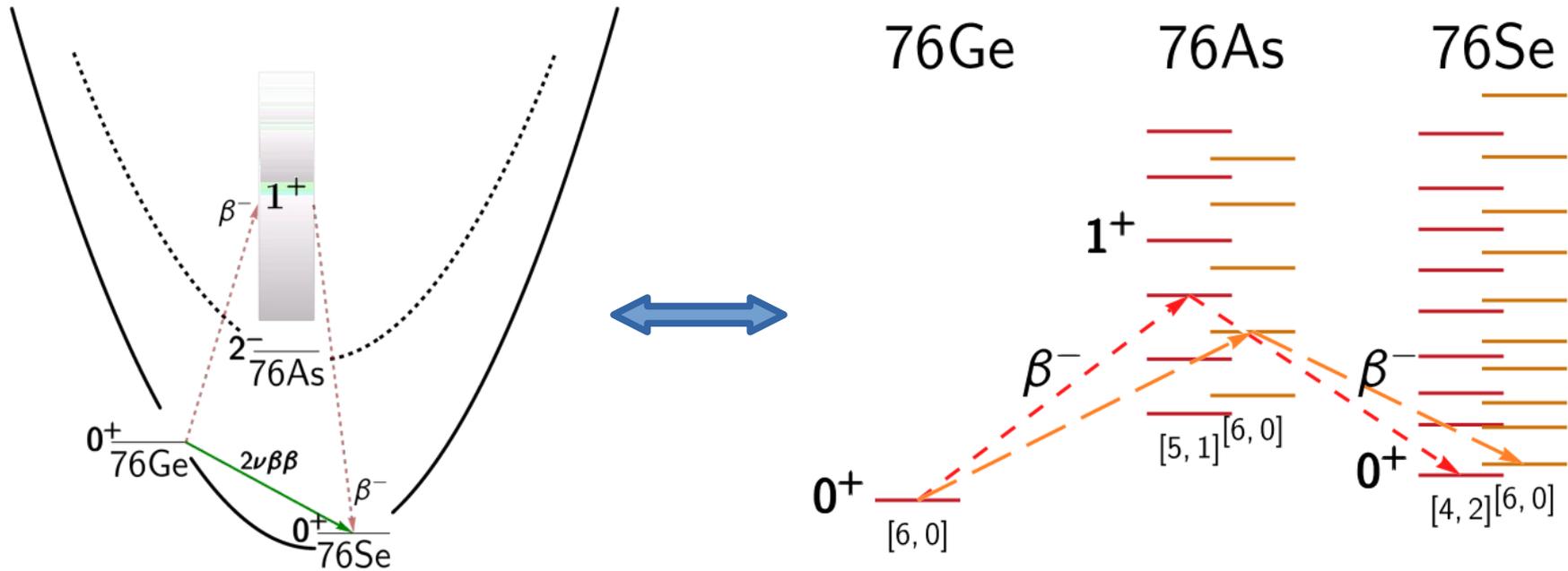


76Ge – 76Se: triaxial system



- Significant deformation ($\beta \sim 0.2-0.3$)
- High triaxiality ($\gamma \sim 27-30^\circ$)
in each nucleus
- Single-state dominance scenario

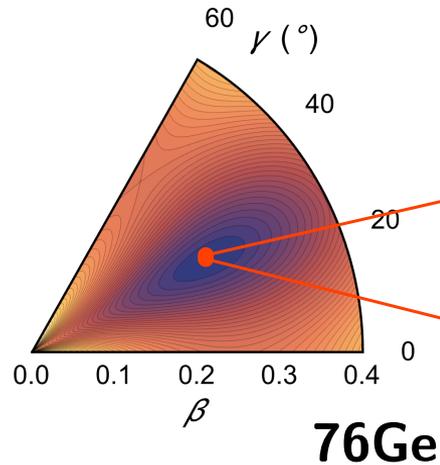
Possible decay scenarios



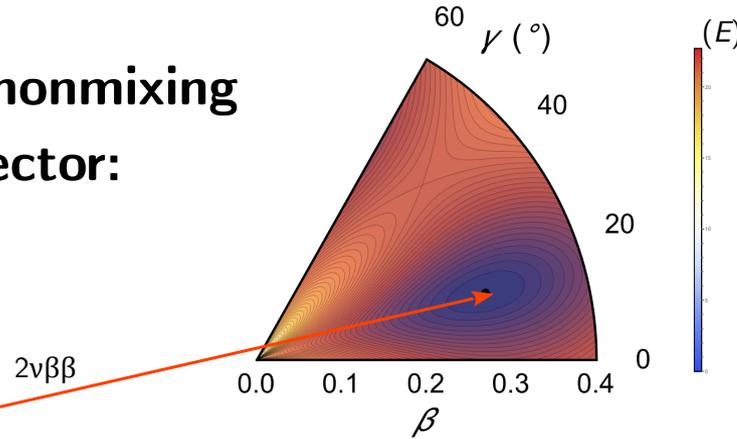
Virtual transitions split into two, nonmixing paths of different $[\nu, \pi] 0g_{9/2}$ orbital occupation. Red/orange levels denote active orbitals of positive/negative parity.

Shape coexistence in configuration space

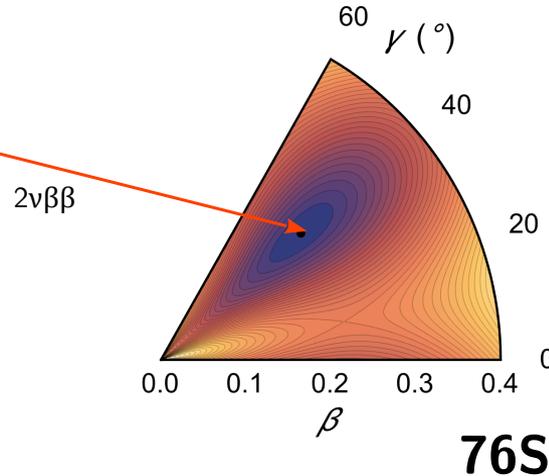
There are two close, nonmixing minima in the [6,0] sector:



(not exact Hill-Wheller diagrams)

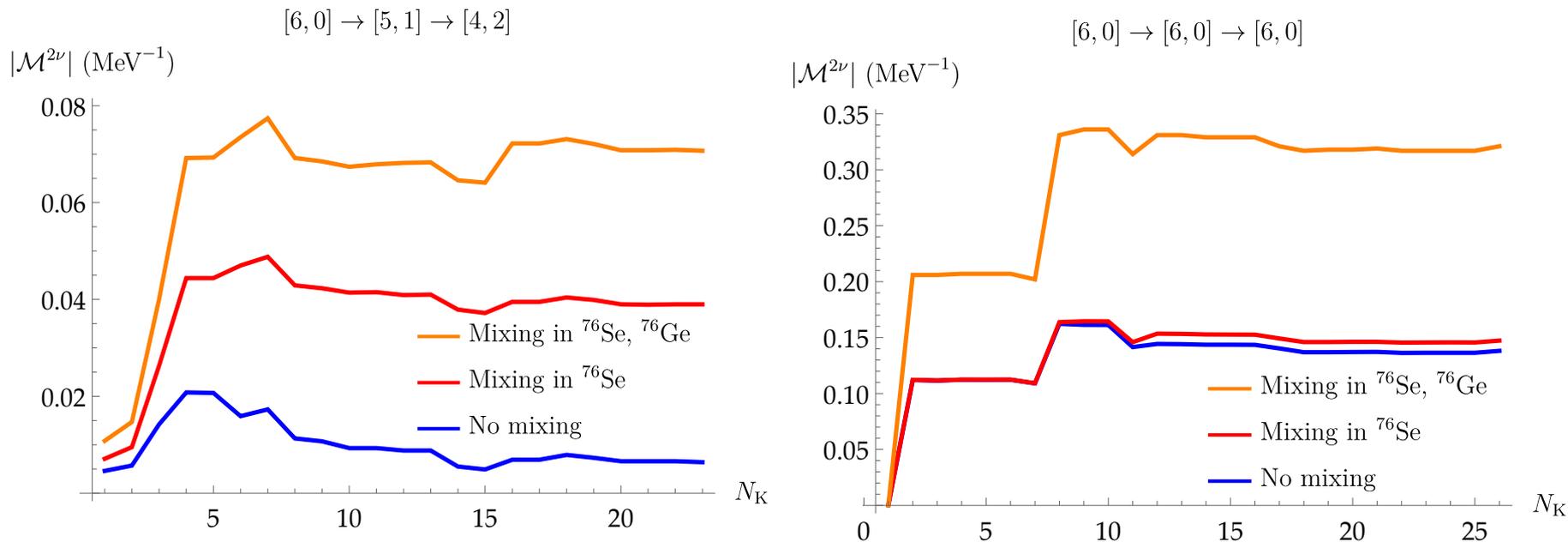


$$\mathcal{M}^{2\nu} = 0.06 \text{ [MeV}^{-1}\text{]}$$



$$\mathcal{M}^{2\nu} = 0.32 \text{ [MeV}^{-1}\text{]}$$

NME($^{76}\text{Ge} \rightarrow ^{76}\text{Se}$): two scenarios



Cumulative matrix element wrt to virtual configurations included. Spectrum shifted to experimental $\Delta E_1(I^\pi=1^+)=44\text{keV}$ (normalization). **Single state dominance** predicted.

Summary: Status and future plans

2νββ
(~ completed)



0νββ

- **48Ca** (spherical)
- **76Ge** (deformed)
- **136Xe** (heavy)

- Extension of HFODD code:
forbidden transitions (GWT)
- NMEs for 48Ca and 76Ge
(closure approximation)
- Half-life estimation with
modern constraints on $\langle m_{\beta\beta} \rangle$

